



ALLISON

**You are
my today
and all
of my
tomorrows.**



Hello!

THANK YOU FOR TAKING THE TIME TO VIEW
MY PROFILE AND CONSIDERING ME AS A PARTNER
ON YOUR JOURNEY.

I am grateful for the opportunity to share a little of my life story with you. I feel deeply moved by your decision to consider adoption, and admire your strength and courage in exploring this path.

With this book, I hope to offer you insight into who I am, my values, and most importantly the kind of life your child and I will share. While motherhood will be challenging at times, I have much love to give! I have waited my whole life to be a mother, and I assure you that your child will be cherished and deeply cared for.

my warmest thoughts, Allison

"I hope to learn more about the wishes and dreams you have for your child. Throughout their life, I will remind them of the love and bravery you have shown."

my story

I WAS BORN IN CALIFORNIA AND GREW UP WITH MY PARENTS AND OLDER BROTHER.

I had a happy childhood and have many memories of summer camps with my friends, playing outdoors with neighborhood kids, and spending time with my family. I was very active as a child and played many sports (my favorites were volleyball and swimming). I loved community theater and sang in the choir at my church. I was raised Catholic and attended Catholic elementary and high school.



My dad, Gary, is an OB/Gyn and has delivered over 5,000 babies! He is a huge San Francisco 49ers football fan and loves to go to games. He has a contagious smile and is always joking and laughing.

My mom, Catherine, is a life-long learner and returned to school to finish college and obtain her Master's degree when I was in my mid-20s. She is very creative and worked as a florist. My mom LOVES the beach since that is her "happy place," and your child will surely spend as much time as possible on the California coast.



My brother, Eric, and I have always been friends and he is currently my housemate. As children, we spent a lot of time building forts, sliding down the stairs in sleeping bags, and watching our favorite movies. He is very athletic as well and loves rock climbing. He works as an optician at Costco (so I have very easy access to snacks and family member benefits!).



More about me!

I went to college in Washington and studied biology and sociology. After college, I decided to leap out of my comfort zone and join the Peace Corps. I lived and worked in the Gambia, West Africa, for over two years and focused on being an advocate for women's health. While this was a challenging experience, I loved my time there and learned so much about an entirely different culture and way of life.

After returning from the Gambia, I completed medical school in Washington, DC. Medical school was one of the most memorable times in my life, not only because of the intensity of the schooling but also because of the amazing friends I made there (friends I am still very close with today). While in medical school, I discovered that psychiatry is my passion and calling, and I knew I wanted to work with kids. I completed my psychiatry training and now work as a child and adolescent psychiatrist in local high schools.

my favorite things



• ENJOYING LIFE! •

Me with my parents on a family trip to Peru

• HANGING OUT WITH MY FRIENDS AND THEIR KIDS. I VISIT AS OFTEN AS I CAN! •

Visiting my friend and her three daughters in New York City



• DOING JIGSAW PUZZLES & WATCHING MY FAVORITE MOVIES TO RELAX •

Doing a jigsaw puzzle with my dog, Gloria





• TRAVELING TO NEW PLACES IN THE UNITED STATES AND ABROAD •

Me and Mom at her first concert at Red Rocks in Colorado

• SPENDING TIME WITH MY FAMILY •

Me, Dad and Eric snowmobiling in Yellowstone National Park



• BASKING IN THE OUTDOORS •

Fishing in Alaska

meet Gloria!



THIS IS GLORIA, MY
7-YEAR-OLD RESCUE PUP.

What she lacks in size, she makes up for with her lovable and quirky personality. Her favorite pastimes include napping, taking selfies with me, and eating things that she is not supposed to.

Gloria has spent a lot of time with young children and is always patiently waiting for fallen snacks and a chance to snuggle with whomever is available. Gloria is my best buddy, and I'm so happy we found each other!



what led me to adoption...

I have always wanted to be a mom and have a family. After my last long-term relationship did not work out the way I had planned, I began prioritizing starting a family on my own with the full support of my family, friends, and community. I have always loved being around kids and have lots of experience with kids through my friends and family.

For me, adoption is an amazing opportunity to share my life with others and enjoy the challenging and beautiful experience of parenthood. I look forward to building a rewarding and meaningful relationship with you and your child!

home, sweet home

I HAVE LIVED IN COLORADO FOR 5 YEARS
AND LOVE IT HERE!

Once I decided to settle down in the Denver area, my brother, Eric, moved out here from California as well. We are now housemates! He is supportive of my adoption journey and plans to be as involved as possible. My parents love visiting and plan to live here for half of the year once our family grows!

I live in a safe, diverse, family-friendly neighborhood. I am within walking distance of 2 large parks and a recreation center with a community pool and many activities for kids. I enjoy being close to restaurants, coffee shops, and a weekly farmer's market. My neighborhood also has an elementary, middle, and high school, and I live down the street from a popular pediatrician's office. I know most of my neighbors, and I love living close to both downtown and the mountains!





While I am an active person, I also love being cozy at home. My friends often describe my home as bright and comfortable. I am fond of decorating, so it feels warm and welcoming to visitors, which makes it an easy place to relax. I have a big, enclosed backyard for children to play safely in. There is a large room for your baby just across the hall from mine.



WE TRAVEL TOGETHER • WE ARE OFTEN SURROUNDED BY SMALL DOGS AND NEVER MISS OUT ON A TRIP TO THE BEACH • WE LOVE TO LAUGH TOGETHER AND DON'T TAKE LIFE TOO SERIOUSLY.

in this home...

**WE WEAR MATCHING PAJAMAS FOR THE HOLIDAYS!
• WE PRIORITIZE SPENDING TIME WITH THOSE WE LOVE • WE ARE KIND TO EACH OTHER AND LOVE EACH OTHER UNCONDITIONALLY.**



I AM SO INCREDIBLY LUCKY TO HAVE SUCH AMAZINGLY INTELLIGENT, KIND AND HILARIOUS FRIENDS IN MY LIFE!

They are my extended family and have been so incredibly supportive of my adoption journey. I cannot wait for your child to be surrounded by such a loving community in Denver and beyond! I am also the lucky godmother to my friends' baby, Clark, and I couldn't be happier about my role. Many of my friends have young infants and children, so your child will already have a built-in playgroup!

my friends



messages to your baby

♡ Welcome to our community, love bug! ♡
We've been waiting for your spirit to join us & we're
♡ So glad you're here. All the kids are so excited to meet ♡
you & show you the ropes.
* Your mommy is just magical *
We love you ♡ Katie & Todd
(and Winnie, Robin & Elizabeth)
♡

Welcome to the family little one!! It's one of the best if you ask us! You are in for so many hugs & adventures, and we absolutely can't wait to meet you! - Dani and Peter

Welcome to the family! I met your mom in medical school. Medical school is a place where people who want to take care of others go. And even among that group - your mom stood out. Her warmth, commitment to others, calm in the face of stress - made her a positive force in so many lives. And I know she will be that for you too. We can't wait to meet you!
♡
Aunt Emily + Uncle Zach + cousin Kara 🐾

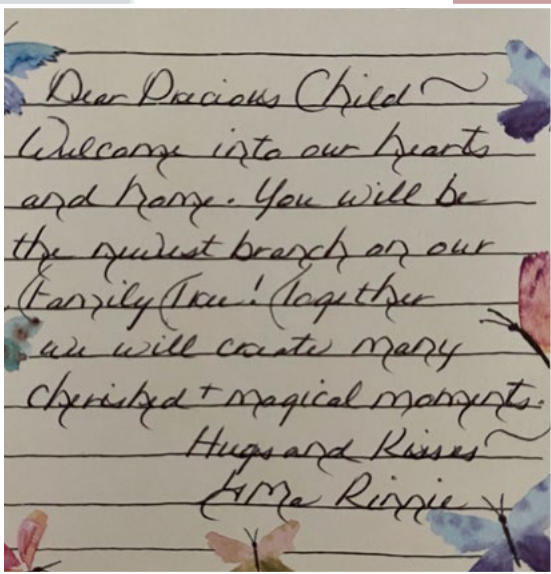
**Dear Baby, I am so excited to meet you and watch you grow. When I laugh and play with my kids, I think of how your mom and I laughed and played when we were kids. That foundation of love is a part of me forever. I know how lucky you are to have your mom because with 33 years together, your mom raised me, too. I can't wait to see what you two do together.
Love, Madeleine**

We can't wait to meet you and have so many adventures together. Your mom is the most incredible person, and we know you will be too! We are beyond excited to welcome you into our lives and explore all the parks and museums and eat all the delicious food together!

Love,

Aunties Alicia and Marie
and Cousin Clark

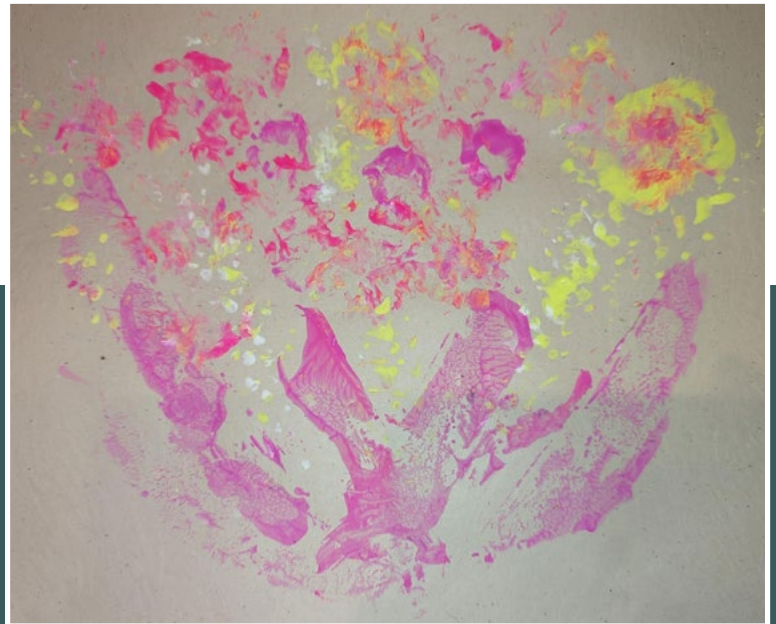




"Hey there kiddo! I'm so excited to meet you and get started on all of the wonderful adventures that we are going to have together! Things might get tough at times but you will always have plenty of people around who will love and support you. Together we are going to have so much fun!" - Uncle Eric

Your mom is the epitome of joy and sunshine. She brightens our lives, and we can't wait for her to brighten yours! She loves you so much already and will always tell you that you're doing a great job. We can't wait to see the amazing family you will become!

Love, Auntie Aishat and Uncle Mattan



Hi kiddo, I can't wait to meet you! I'm converting all my Dad jokes into GrandDad Jokes. I'm sure I can get you to roll your eyes! Love and kisses. - Grandpa Gary



Ten fun facts

ONE

I bake a cheesecake for my brother every year for his birthday. It's his favorite dessert!



TWO

I wear a lot of tie-dye because I enjoy the colors!



THREE

I love being outdoors, but sometimes I have to drag Gloria with me in a backpack because she prefers napping!

FOUR

I have been skydiving twice to challenge my fear of heights! And I don't think I need to do that again!



FIVE

My dad and I share the same birthday, and we both cry when we laugh!

SIX

We are Harry Potter nerds and took a family trip to Harry Potter World last year!

SEVEN

I love Mariah Carey and have attended her Christmas concert twice!

EIGHT

Fall is my favorite season, and I take Halloween costumes very seriously!

NINE

I enjoy Broadway musicals and go to shows with my friends whenever possible!

TEN

I come from a vertically blessed family and am nearly 6 feet tall!





IN THE
A TRADITION OF
AVAILABLE.
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USE HER
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LAGUNITAS

Peaks
Mumbi

Promises to you and your child...

I promise to honor your child's heritage and adoption story.

I promise to celebrate you and the incredible role you play in their life.

I promise to shower your child with love and snuggles.

I promise to provide a warm, stable, and loving home and community where your child can thrive.

I promise to make the time for play, silliness, and laughter.

I promise to create as many family traditions as possible.

I promise to own up to my mistakes and repair the relationship when I mess up.

I promise to provide your child with a strong educational background and support them in following their dreams.

I promise to offer new experiences that will expand your child's horizons and understanding of the world around them.

I promise to tuck them in every night and greet them with a smile every morning.

all my love, Allison

Thank you so much for taking the time to get to know me. I wish you all the best through your adoption journey!

